

## Are you at risk for Peripheral Vascular Disease (PVD)?

**Your answers to these questions will help you know.**

Peripheral vascular disease (PVD) is a common circulation problem in which the blood vessels, which carry blood to the legs or arms, become narrowed or clogged. Please fill out this questionnaire to see if you have the symptoms of Peripheral Vascular Disease.

Check Yes or No to the following questions:	Yes	No	Sometimes
1. Do you experience aching, cramping or pain in your arms, legs, thighs or buttocks when you walk or exercise?			
2. If you answered yes to question number 1, does the pain subside with rest?			
3. Do you have numbness and tingling in the arms or lower legs and feet?			
4. Are your fingers or toes pale, discolored, or bluish?			
5. Are your hands or feet cold to the touch?			
6. Do you have any painful sores or ulcers on legs or feet that don't heal?			
7. Do you now or have you ever smoked cigarettes?			
8. Do you have emphysema?			
9. Do you have high blood pressure?			
10. Have you had any problems with your kidneys? If yes, please describe: _____			
11. Do you have high cholesterol?			
12. Do you have diabetes?			
13. Do you have trouble exercising?			
14. Do you have a family history or diabetes or cardiovascular problems (immediate family such as parent, sister, brother)?			
15. Have you ever experienced a stroke, mini-stroke or transient ischemic attack (TIA)?			
16. Have you had any previous surgeries or percutaneous interventions on your peripheral circulation? If yes, what surgery or intervention was performed? _____ When was that procedure performed? _____			
17. Do you have difficulty in achieving or maintaining an erection?			
18. Have you ever had surgery to "Clean Out" clogged arteries? Neck ..... Legs ..... Abdomen.....			
19. Have you ever had any arteries bypassed surgically? Heart ..... Legs.....			

**The more YES answers you checked, the more important it is for you to see a Vascular Specialists of Central Florida physician.**

**PLEASE CALL US TODAY FOR AN APPOINTMENT 407-648-4323**