

Foam Sclerotherapy

The veins in your body contain valves that open and close to assist the return of blood to your heart. Sometimes the valves become weakened and no longer function correctly. This is not dangerous to you but can cause the blood to pool in the veins which can lead to varicose veins, heaviness, aching, pain, and/or wounds that do not heal. You and your doctor have determined you would benefit from a vein procedure to improve your symptoms.

Scheduling

1. You may schedule your procedure at our front desk or over the phone. You will be asked to pay 50% of the total cost of the procedure when scheduling. The remainder of the fee will be charged the day of the procedure.
2. This procedure is typically performed in our Orlando office (80 West Michigan Street, Orlando, Florida 32806) and our Clermont office (2080 Oakley Seaver Dr, Suite 100, Clermont, Florida 34711).

Before Procedure

1. We will inform you of the medications that should not be taken before your procedure and when to stop them.
2. You must remove all leg hair from groin to ankle prior to your appointment.

Day of Procedure

1. You must arrive at the office at the time listed on your instruction sheet. This is typically 1 hour prior to the scheduled time of your surgery.
2. Family members/belongings: it is best to leave all items of value at home (cash, jewelry etc.). All items that are brought with you should be left with your loved one. All other items (clothing etc.) will be stored and given back to you after the procedure.
3. We want you to be comfortable during your procedure. Foam sclerotherapy is minimally invasive. The doctor usually numbs the injection site, but no additional anesthesia is required.
4. Treatment typically takes less than 1 hour.

After Procedure

1. Your legs will be wrapped with ACE bandages after your procedure. You can take these off yourself and shower after 48 hours. You do not need to put the wraps back on. Compression stockings should be worn on the treated leg(s) for 2 weeks.
2. You may walk immediately after your procedure. Patients may resume most activities the same day as the procedure. Heavy exercise should be avoided for one week.
3. For a month, patients should walk at least 10 minutes a day and avoid long periods of inactivity.
4. You may go back to work and drive immediately after your procedure if you have not received sedation and are not taking pain medicine.
5. You may have some bruising on your leg. This is normal and will fade over time.
6. The vein that was treated may feel hard/tender after the procedure. This feeling can last for weeks but will go away.

Follow Up

1. You will be scheduled for an ultrasound appointment 2-3 days after the procedure to make sure you have not developed a blood clot.
2. You will also be scheduled for a follow-up visit in the office 1-2 weeks after your procedure.
3. If you develop severe pain or swelling after the procedure or have any other concerns please contact the office.



Vascular Specialists

of Central Florida, Inc.

It is important to us that our patients are able to easily contact us to schedule appointments or discuss any questions/concerns.

Our office phone number is **407.648.4323**. If you have any questions you can reach us between the hours of 8AM-5PM. If you have an urgent concern and need to call after hours you will reach one of our surgeons through our answering service. Answers to many common questions may also be found at www.arteryandvein.com.

GENERAL QUESTIONS CAN BE EMAILED TO: patients@arteryandvein.com